

Emotional Intelligence

Learning Journal

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Start date: \_\_\_\_\_\_\_\_\_\_\_\_

This is your journal where you record your observations, experiences, and insights as you do the suggested practices. Unlike a diary, this journal is organized according to the chapters and practices in the Handbook. You may wish to add the date in each journal entry.

Happy and fruitful Heart Learning!

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Yeshua’s Model of Leadership